

Family and Community Action Program and Early ON Child and Family Centres

Free Parenting Group for Parents/Caregivers of children birth to six years of age

- ✓ MEET with other parents of young children
- ✓ SHARE questions or concerns and ideas about being a parent
- ✓ LEARN about child development, safety, health, behaviour and resources in the community
- ✓ TALK about real-life parenting experiences
- ✓ WORK together with the support of a trained facilitator
- ✓ DISCOVER ways of positive parenting



8 sessions

Wednesdays, 5 to 7:30 p.m.

February 6, 13, 20 & 27

March 6, 20 & 27 and April 3

(No program on March Break, March 13)

Childminding* and refreshments

are provided by Family & Community
Action Program and Early ON

*Childminding is for children 1 to 12
years of age. Infants stay with parents.

Must Pre-Register

Limited Space

**For registration, contact the
Ajax Welcome Centre**

*"There are no perfect parents, perfect children or perfect people.
We can only do our best, and we all need help once in a while."*



Welcome Centre - Ajax
458 Fairall Street, Unit 5
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Toll-free: 1-877-761-1155
www.welcomecentre.ca

