

DURHAM MENTAL HEALTH SERVICES (DMHS)

Durham Mental Health Services (DMHS) is pleased to provide timely community mental health support to newcomers accessing the Ajax Welcome Centre.

every Friday morning.

10 a.m. to 12 p.m.

The Community Mental Health Worker can:

- ◇ Provide information about DMHS services.
- ◇ Make referrals to other community resources.
- ◇ Provide information and education about mental health and the mental health system.
- ◇ Assist with identifying areas of need and goal development.



Welcome Centre - Ajax
458 Fairall Street, Unit 5
Ajax, ON L1S 1R6
Toll-free: 1-877-761-1155
www.welcomecentre.ca

- ◆ **The services offered at the Welcome Centre are free and confidential.**
 - ◆ **Please drop-in at the Welcome Centre to meet the Community Mental Health Worker.**