



AJAX Community News



Tax Clinic at Ajax Welcome Centre

Taking appointments until April 30, 2018

Some evening and Saturday appointments are available.

To qualify you must:

- Have been in Canada for five years or less.
- Meet one of the following income requirements:

COUPLE	Up to \$46,000
SINGLE PERSON	Up to \$30,000
ONE ADULT WITH CHILD	Up to \$35,000
EACH ADDITIONAL DEPENDANT	\$2,500

NOTE: Clients with businesses or rental income **DO NOT** qualify for this free tax clinic. For information or to book an appointment ask reception, or call **1-877-761-1155**.



The Change of Season is Just Around The Corner.

Ah, March! This month brings International Women's Day, the festivities of St. Patrick's day, the promise of spring, and March Break - when our children get a well-deserved break from school.

A Word From WELCOME CENTRE Management

This year, the Ajax Welcome Centre is offering a free Play Day and Movies for the family. It's a time to meet other young families from around the world, socialize, play games, and enjoy story time. Come visit and take advantage of everything we have to offer, including free tax services in March and April.

Hermia Corbette



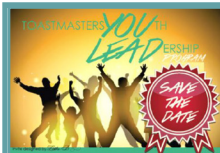
Durham Mental Health Services

Durham Mental Health Services (DMHS) is pleased to provide timely community mental health support to newcomers accessing the Ajax Welcome Centre, **every Friday morning from 10 a.m. to 12 p.m.**

The Community Mental Health Worker can:

- Provide information about DMHS services.
- Make referrals to other community resources.
- Provide information and education about mental health and the mental health system.
- Assist with identifying areas of need and goal development.
- Assist with wellness planning.

The services offered at the Ajax Welcome Centre are free and confidential. Please drop in at the Centre to meet the Community Mental Health Worker, Brad Arbour.



Youth Leadership Program

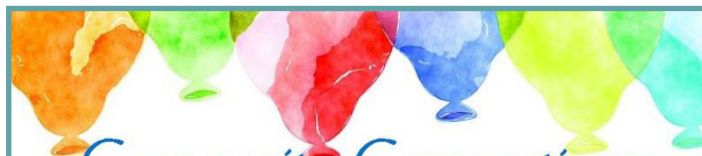
For youth ages 10 to 16 years old.

Mondays, 7 p.m. to 8:30 p.m., Ajax Welcome Centre

The program helps to:

- Improve your communication skills.
- Develop real-world leadership skills.
- Build your confidence speaking in front of an audience.

For registration and more details please contact: Mariska Thomas, marisk1@sympatico.ca or **905-686-2195**.



Community Connections

Invites you to join our

Family Fun Day Celebration

Tuesday, March 13, 2018

10:30 a.m. - 2:00 p.m.

O'Neill Collegiate and Vocational Institute

301 Simcoe St. North, Oshawa (across from Hospital)

Enter through the main doors on Simcoe

Games, Crafts, Dancing, Zumba and more!

Register by contacting Community Connections

at **905-686-2661 Ext. 102**

or communityconnect@cdcd.org

Please bring a copy of your landed documents





Client Success Story



Steven Caswell, born in India, migrated to Canada from England in April of 2016, so that he could be with his daughter. Shortly after his arrival he accessed the services at the **Ajax Welcome Centre**. He met with a **settlement worker** at the Centre and expressed that he felt lonely and unsure that he would ever be able to find a job in Canada. He didn't want to be a burden to his daughter.

The settlement worker connected Steven with a **community connections worker** at the Centre who suggested that he join one of their **English conversation circles (ECC)**. This particular program allowed Steven to network and meet new friends. Steven joined the English conversation circle at Hebron Church in Whitby. He often helped Urdu-speaking clients to communicate and to learn English vocabulary. He also got involved with other Welcome Centre activities such as the **community garden** and other outdoor events.

With the help of his peers, Steven started applying for jobs. There was little success at first, but then he was able to secure few interviews. He also needed to provide references to his prospective employers. Fellow volunteers who had gotten to know Steven were glad to serve as a reference for him. This past January 2018, Steven came to one of the weekly activities with the news that he was hired by Walmart and would start in a few days. Steven stated, he is so happy he got this job, he feels useful and can contribute to his family. Steven said, he will take a break from the weekly ECC meetings until he gets used to his new work schedule. We wish Steven all the best, and hope that we will see him again soon.

ON-GOING PROGRAMS

- **Language Assessment:** Available by appointment
- **Fully Accessible Resource Centre:** Available daily
- **Job Search Workshops (JSW) - Newcomer Adult Employment Services**
- **Settlement Services:** Appointments available daily
- **DRIVEN Intimate Violence Counselling Services for Women:** Mondays, 8:30 a.m. to 4:30 p.m.
- **Toastmasters Public Speaking Club (Adults):** Tuesdays, 7 p.m. to 8:30 p.m.
- **Toastmasters Youth Outspoken Leadership Club:** Mondays, 7 p.m. to 8:30 p.m.
- **Triec Mentoring Partnership:** Wednesdays, 8:30 a.m. to 4:30 p.m.
- **Herizon House: Transitional Housing for Abused Women and Children, Support, Safety Planning and Counselling:** Available by appointments.
- **Durham Mental Health Services:** Fridays, 10 a.m. to 12 p.m.
- **Service Canada:** Monday, March 19, 9:30 a.m. to 12 p.m.
- **AIDS Committee of Durham Region (ACDR/BACCO):** Monday, March 19, 1 p.m. to 4:30 p.m.
- **Newcomer Community Kitchen:** Thursday, March 8 and 22, 2:30 p.m. to 4 p.m.
- **Women's Activity Group:** Tuesday, March 27, 2:30p.m. to 4 p.m.
- **Durham Chinese Canadian Culture Centre:** Saturday, March 10 and 24, 9 a.m. to 1 p.m.

For more information about these programs, please ask reception or call: 1-877-761-1155

Think Tuberculosis (TB)

Friday, March 23, 2018 11 a.m. to 12:30 p.m.
Ajax Welcome Centre

In recognition of World Tuberculosis (TB) Day - March 24, 2018, the Durham Region Health Department (DRHD) will be at the Welcome Centre promoting public awareness about the global health effort to eliminate TB worldwide. TB is a preventable and curable disease which still affects over 1.7 million people around the world each year.

The World Health Organization (WHO) and Stop TB Partnership aim to end TB by the year 2030. **Nurses will be available to answer questions** and provide health education regarding signs and symptoms, risk factors, screening techniques and treatment. Staff from the Durham Region Health Department can also provide information regarding Canada's policy on screening for TB as part of the immigration process.

For more information speak with reception at 1-877-761-155.



All immigrant settlement services are free, confidential, and culturally sensitive. Occasional child care is available for some appointments.

March Break - Family Fun and Movies

Free drop-in play group for newcomers and new Canadians with children birth to six years of age. Older siblings are welcome.

Wednesday, March 14, 2018 10 a.m. to 12 p.m.
Ajax Welcome Centre

- Nutritious snacks, crafts and fun toys for the children.
- Interactive activities for you and your children.
- Help your child strengthen their social skills.
- Story/song time to help children with early literacy.
- Watch movies for the family at the centre.

For information call 1-877-761-1155.



Mark Your Calendar!

- March 8 International Women's Day
- March 17 St. Patrick's Day
- March 20 Spring Equinox
- March 30 Good Friday – Centre Closed



Welcome Centre - Ajax
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Toll-Free: 1-877-761-1155
www.welcomecentre.ca



Immigration, Refugees and Citizenship Canada / Immigration, Réfugiés et Citoyenneté Canada